# NNLS DESTITUTE ASYLUM SEEKERS DROP IN

# RESOURCE LIST FOR ASYLUM SEEKERS

## DROP-IN CENTRES - BY REGION (IN LONDON)

### NORTH LONDON

**Haringey Migrant Support Centre** John Vianney Church Hall, 386 West Green Road, N15 3QL Mondays 13:00 to 16:00pm Info: Free advice on immigration, welfare, health and housing, and signposting to other local services. Tel. 07544 078332. Please call first to check we are open and have capacity.

**St Pancras Refugee Service (SPaRC)**

8 Fairhazel Gardens, Camden, NW6 3SG. Tuesdays and Thursdays: 11am to 2pm contactus@hcct.org.uk Tel:02072784437

SPaRC is an open and welcoming space for refugees, asylum seekers and migrants to meet and socialise. We run activities and such art, music therapy and walking groups for you to get involved in. But if you just want to sit and have a chat than that’s fine too. We offer a free hot meal. We can also give you some help with contacting services such as GPs, energy companies or the Job Centre if you struggling with communicating with them

**NORTH WEST LONDON**

**New Citizen’s Gateway**

Offer advice and information on welfare benefit, housing, health, education, employment or immigration problems.

Other services too, such as counselling, emergency food support and legal advice.

Website: INFO@NCGATEWAY.ORG.UK

Tel: 07983 437 425 or 0208 905 9002

### SOUTH LONDON

**Southwark Day Centre** Copleston Road Peckham, SE15 4AN Tuesdays 12.30 – 5.00 Rail & Tube: East Dulwich or Peckham Rye Buses: 37, 40, 176, 185, 484 & P13 Info: Lunch at 1pm. Advice from 2pm. Introductory level English classes 2pm-5pm. Movement/dance; women’s Group 2pm-3pm; men’s wellbeing group (incl. yoga and relaxation) 3.30pm-4.30pm. Crèche service 2pm-4pm.

**Greenwich Migrant Hub** is a community voluntary project which runs a drop-in service every **Tuesday 1.00-4.00pm** based at the Greenwich Inclusion Project’s offices in Woolwich:  2nd Floor, Royal Sovereign House, Beresford St, London SE18 6BF.  5 minutes’ walk from Woolwich Arsenal DLR or mainline station, Buses 161, 177, 180 and 472.  Tel: 07742 126160 (Tues Only).

The hub provides a community space for migrants and offers a range of free advice and information services to local migrants, asylum seekers and refugees in Greenwich and surrounding boroughs. It works with a number of local agencies who provide free outreach advice at the hub every week. This mainly includes immigration advice, family law, women’s support, access to healthcare and employment mentoring. The agencies include Lewisham Refugee Migrant Network, Housing for Women, HER Centre, Healthwatch, MIND, Greenwich Housing Rights, Central Asian and Afghanistan Association. It aims to offer advocacy support, advice and information services about rights and entitlements and to provide ongoing practical, social and wellbeing help to vulnerable migrants in Greenwich and neighbouring boroughs. For more information email info@greenwichmigranthub.co.uk

**South London Refugee Association Drop-in Centre**

Mondays, 10am – 2pm: St Mary’s Church, Balham High Road, Balham SW12 9BS

Wednesdays, 10am – 1pm: Holy Trinity Church, 234 The Broadway, SW19 1SB

Info: Advice for asylum seekers and refugees, Immigration, Welfare and Benefits, Debt, Education for children, Employment and Careers advice, English language classes, Family support. Travel costs for destitute clients. Outings in school holidays.

**Streatham drop-In Service For Refugees and Asylum Seekers** 2 Mitcham Lane, SW16 6N. Thursdays and Fridays 10.00am – 2.00pm Info: Help with accessing services. English class. Lunch and crèche available.

**Southwark Day Centre** Goldsmiths Road London, SE15 5TF Wednesdays 12.30 – 5.00 Tel: 020 7277 9799 Rail & tube: Peckham Rye or Queens Road Peckham Buses: 12, 36, 37, 63, 78, 136, 171, 177, 197, 343, 245, 363, 381, 436, P12 & P13 Info: 1.00 – lunch, 2.00pm– 4.00pm advice session, introductory level English classes, computer classes and a crèche service.

**Southwark Day Centre** 100 New Kent Road London, SE1 Tel: 020 7740 6399 Thursdays 12.30 – 5.00 Rail & Tube: Elephant & Castle Buses: 1, 12, 35, 40, 45, 53, 63, 68, 100, 133, 148, 155, 168, 171, 172, 176, 188, 196, 333, 343, 344, 360, 363, 415, 453, 468, C10 & P5 Info: Lunch at 12.30pm. Advice from 1.30pm. Introductory level English Classes from 1.30pm-3.30pm. Computer classes 2pm-4pm. Women’s art group 2pm- 3.30pm. There is also a crèche service available from 1.30pm-4pm.

**Croydon Refugee Day Centre** West Croydon Baptist Church, (corner of St James and Whitehorse Road), Croydon CR0 2JH. Tuesday from 10am to 1pm. 5 mins walk from West Croydon Station and the bus station. Buses: 50, 75, 157, 468, or any bus terminating at West Croydon Bus station Trains & Trams: West Croydon. Info: A safe social space with tea, coffee and cake. A hot midday meal. A small weekly food parcel of non-perishable goods. Toiletries and household items. Clothing. A help desk and signposting service. Access to term-time English classes on Thursday morning. A play area for pre-school children. Please note: CRDC does not give out vouchers or reimburse travel expenses.

**Lewisham Refugee & Migrant Network**: 1st floor Parker House, 144 Evelyn Street, Deptford SE8 5DD. 020 8694 0323. info@lrmn.org.uk. Monday, Wednesday, Thursday, Friday. Immigration advice, health access, English classes for beginners. Tuesdays 10am-12 noon and Fridays 1-3pm, more advanced beginners Mondays & Thursdays 1-3pm.

### EAST LONDON

**Women for Refugee Women** Tindlemanor, 52-54 Featherstone Street, London, EC1Y 8RT Tel: 020 7250 1239 Mondays 12.30 – 5 Nearest tube: Old Street Info: Drop-in English classes from 12.30-2pm and 3-5pm. Lunch provided 2-3pm. Travel expenses paid. Women only.

**WAST (Women Asylum Seekers Together) at Women for Refugee Women** Tindlemanor, 52-54 Featherstone Street, London, EC1Y 8RT Tel: 020 7250 1239 Alternate Saturdays 2.00pm – 5.00pm Nearest tube: Old Street. Lunch and travel expenses provided. There is also a legal drop in session – by appointment only. To book a legal advice appointment ring 07852 765 193 and bring all your papers with you.

**Hackney Migrant Centre** New St Mary’s Church Rooms, Spensley Walk, Stoke Newington Church Street London, N16 9ES. Wednesdays 12.30 to 3.30pm (registration begins 11.30am). Advice on immigration, benefits and housing; medical advice and help in accessing NHS health services. Free food.

AKWAABA is a social drop-in session, run by Hackney Migrant Centre on Sundays in conjunction with Green Lanes Methodist Church. The sessions are based on the London Welcome Project and take place every Sunday, 1.30-5.30pm in the halls at Green Lanes Methodist Church, 132a Green Lanes, London N16 9BN. The sessions offer a free cooked meal and social and welcoming space. Travel expenses are not available. For information email: akwaabalondon@gmail.com

**Refugee & Migrant Forum of East London (Newham, Barking and Dagenham)** By appointment only. Advice on asylum and immigration. To make an appointment, please call 020 8478 4513.

**Praxis Community Projects:** Pott Street, London E2 0EF Tel: 020 7729 7985 Buses: 8, 106, 254 and 388 Tube**:** Bethnal Green Station Monday to Friday 9.45am-12.15pm. Info: Easy access and toilet facilities for wheelchair users and prams. Form-filling session: every Monday, 10am-1pm and 2-4pm  – for help completing forms relating to welfare benefits (applications and appeals), housing, asylum support and some immigration matters. Call us to book a slot during these times, either through our main reception number (020 7729 7985) or through our advice line (020 7749 7608). Please note that if you turn up without an appointment we may not be able to see you on the same day.

Face-to-face advice: Housing advice drop-in: every Tuesday 10am-12.30pm, Welfare benefits advice drop-in: every Thursday 10am-12.30pm, Immigration advice drop-in: every Friday 10am-12.30pm

Phone advice: Tuesdays & Thursdays 2-4.30pm: 020 7749 7608

**Red Cross Hackney Destitution Resource Centre:** Dalston Lane, Hackney. Monday, Tuesday, Thursday, 10.30am-4pm. Refugee council runs a session there on Fridays from 11am-4pm. Red Cross casework service is based at Aztec Row, off Upper Street, Angel. For appointments call 020 7704 5670.

**Barking & Dagenham Asylum Seeker Drop-In** Please ring the Redbridge office 020 8478 4513 for assessment. **Info:** A weekly drop in for those affected by destitution, where asylum seekers can get a hot meal, advice and support on a range of issues.

**Newham Foodbank**

Phone: 020 7474 3060

Email us: admin@newham.foodbank.org.uk

ADDRESS: St Marks Centre, 218 Tollgate Road, Beckton, London, E6 5YA

**The Welcome Project** 11 Green Lane, Ilford, London IG1 1XG Tel: 020 8220 4111 Tues–Thurs: 12:30-3pm Friday: 10:30am–3pm Info: Drop-in service for socially isolated people, particularly the homeless and refugees. Accommodation advice; bathroom/showers, benefit advice; clothing; free food; housing advice, laundry. Nurse-led clinic. ESOL classes. And it has an allotment! Drop in or phone.

**Jesuit Refugee Service**: 2 Chandler Street, St Katharine’s & Wapping, London E1W 2QT. Phone to book an appointment or to attend the day centre: 0207 488 7310. <http://www.jrsuk.net/>

### WEST LONDON

**Notre Dame Refugee Centre Drop-In Café** Maison Pierre Chanel, 16 Leicester Square, WC2H 7LET Tel: 020 7440 2668/020 7440 2669 Mondays and Thursdays 11am-4pm Info: The café offers a warm welcome and a meal. Advice is available every day of the week **by prior appointment**. In addition, has a telephone advice line, offering free one-off immigration advice to asylum seekers, refugees and those wishing to regularise their stay. This also covers citizenship queries and advice for non-EU family members of EU Citizens.  Call on Friday 10.30am-13.30pm. Phone: 020 7440 2669 [www.notredamerc.org.uk](http://www.notredamerc.org.uk/)

**Migrant and Refugee Communities Forum (MRCF)** 2 Thorpe Close, W10 5XL Wednesdays 10 – 5pm Thursdays 1 – 5pm To book a place, please ring Francesca on 020 8962 3045 Info: English classes.

**West London Synagogue Drop In** 33 Seymour Place, London W1H 5AU,  Third Sunday of every month (Feb 19, March 18 etc), 2.30 – 4.30pm (doors close at 4pm). Info: Family Drop In Centre for destitute asylum seekers (children and parents only) . Hot food, clothing, food vouchers and travel expenses. Please do not arrive early! You must bring: your Home Office letter of first refusal, and identification documents for yourself and your children.

## HOUSING ADVICE

**The Refugee Council** have an advisory service that helps with integration, welfare and housing issues.

Chloe Morgan is one of their senior advisors and can be contacted at Refugee Advice Project, Refugee Council, 0207 346 1160 Chloe.Morgan@RefugeeCouncil.org.uk.

They can also provide support to access a legal aid housing solicitor and recommend the following firms: Osbornes Law, Hodge Jones & Allen, Hopkins Murray Beskine, Edwards Duthie (Stratford Office) and TV Edwards.

## HEALTH CARE

### FREE MEDICAL CARE

**Doctors of the World London clinic**: If you’re having problems getting healthcare, find out more on how to access mainstream services here <http://www.london.gov.uk/priorities/health/publications/access-to-primary-health-care>. If you need more help you can visit our clinics in either Bethnal Green or Hackney directly, where our team can give you free and confidential support  – whatever your status and wherever you live.We can help you to: \* Consult with a support worker and/or a medical professional \* Register with a GP \* Access specialist services \* Get free prescriptions, eye tests and dental care. **Contact: Clinic advice line: Tel. 020 7515 7534. This line is open from 10am to 12 midday, Monday to Friday. Outside of this time please email:** **clinic@doctorsoftheworld.org.uk**

**WHERE WE ARE**

**Hackney Clinic:**St Paul’s Church, Stoke Newington Road, West Hackney, London N16 7UY

 Nearest tube: Dalston Junction or Dalston Kingsland (Overground), Nearest bus: 67, 76, 149, 243, 276 Opening hours: Hackney Clinic is open Mondays from 10am to 2pm, closed Bank Holidays

**Bethnal Green clinic**:Doctors of the World clinic, Praxis, Pott Street, London E2 0EF

Nearest tube: Bethnal Green, Nearest bus: D3, 8, 106, 254, 388 Opening hours: The Bethnal Green drop-in clinic is open from 1pm to 5 pm on Mondays, Wednesdays and Fridays (closed on Bank Holidays.).Our drop-in list opens at 11am, and we operate on a “first come, first served” basis; once the list is full we’re unable to see more people.

**The first Saturday of every month is a special family clinic**: -for pregnant women 10am – 1pm -for families and children 2pm – 5pm We also offer limited appointment slots.

To make an appointment for either clinic please call us on the advice line number Tel. 020 7515 7534 between 10am and 12 midday.

Pavilion Health Centre: 9 Brighton Terrace, Brixton, London SW9 8DJ. 0207 274 9252

### DENTAL CARE

**Guys Hospital:** 23rd floor, Great Maze Pond, LONDON SE1 9RT. **Try to arrive by 8.30am. Open Monday-Friday. Fill in HC1 application and receive HC2 certificate which gives you free dental care. In an emergency call 111 and they will tell you where to find your nearest NHS dentist who are open at weekends.**

**COUNSELLING**

**Multi-Ethnic Counselling, Outreach & Family Support**

Ultimate Counselling, Training and Support Services C.I.C. Self-referral possible and service is free for asylum seekers.

90 Longbridge Road, Barking, London, IG11 8SF

Tel: 0208 594 1514 OR 07445766096

www.ucts.org.uk

## LGBTI ASYLUM SEEKERS AND REFUGEES

**Micro Rainbow International** provides a safe and welcoming environment and social support networks or LGBTI asylum seekers and refugees. It also supports LGBTI refugees to find employment, training or set up small businesses. For more information, please contact our LGBTI Refugees’ Mentor, Moud Goba at: mgoba@micro-rainbow.org.

## EDUCATION

English language self access websites:

<https://www.bbc.co.uk/learningenglish/>

<https://elt.oup.com/student/headway/?cc=gb&selLanguage=en>

[www.flo-joe.co.uk](http://www.flo-joe.co.uk/)

<https://www.bbc.co.uk/teach/skillswise>

### ENGLISH CLASSES

**Women Asylum Seekers Together:** Tindlemanor, 52 Featherstone Street, London EC1Y 8RT. Tel: 07852 765193. Mondays 12.30-2pm, beginners, 3-5pm intermediates.

**Islington Centre for Refugees & Migrants:** Cross Street, Baptist Church, 16-18 Cross Street, London N1 2BG. Tel: 0207 354 9946. Call first.

**Evelyn Oldfield Unit**: Resource for London, 356 Holloway Road, London N7 6PA. Tel: 0207 697 4100. Every Wednesday 6-8pm.

**Queens Crescent Community Association:** Main hall, 45 Ashdown Crescent, Kentish Town, London NW5 4QE. Wednesdays 3.30-5pm.**Speak Street courses**: Telephone or email first to see if it’s on that week: 020-3637-9668, email: hello@speak-street.com

All ESOL Levels welcome. 3 Locations:

1. South Library Islington, 115-117 Essex Road, London N1 2SL, Fridays, 1:30 to 2:45
2. Nandos, Kings Cross, 12-16 York Way, N1 9AA,  Wednesdays, 9:45 to 11 AM
3. Duke’s Aldridge Academy, Community Education Department, Trulock Road, LONDON  N17 0PG, Thursdays, 9:30 to 11am

**Xenia:** Women from all walks of life are invited to come along and meet, connect and learn together. English language learners and women who are confident in English will participate in activities together, discovering the area, talking and forming relationships. At each meet up we use a different theme to enable conversations to flow and friendships to form. Children are welcome. Sessions take place on alternate Saturdays at Hackney Museum at 10am. For more information call 07835 277776 or email: info@xenia.org.uk

**RefuNet:** [www.refunet.co.uk](http://www.refunet.co.uk/)

An organisation that finds online volunteer teachers for refugees/asylum seekers. Online lessons are arranged between the student and teacher to help with:

* Learning conversational English
* Preparation for English exams
* Learning other subjects e.g. Maths and Science
* Getting help with schoolwork

Sign up as a student or volunteer as a teacher (you do not need to be a qualified teacher, you just need enthusiasm, patience and a desire to help).

**HIGHER EDUCATION**

**THE COMPASS PROJECT**

The Compass Project at Birkbeck reaches out to help refugees and asylum seeker communities access education in the UK. We provide information, advice and guidance to those wanting to enter higher education and we are offering twenty individuals who are seeking asylum in the UK an opportunity to study at university.

See <http://www.bbk.ac.uk/professional-services/access/compass-project> for more information and to contact The Compass Project Fund.

## NEW MOTHERS:

**https://baby-basics.org.uk/**

For new mothers needing financial support for basic essentials and equipment necessary to look after their newborns

Locations all around England

For Local Centre email addresses, please check out our *Our Locations* page and click on the centre near you.

https://baby-basics.org.uk/

General Enquiries – email: jenny.pegg@baby-basics.org.uk

Phone: 0114 2787262

**NEW REFUGEES (ON BEING GRANTED LEAVE TO REMAIN)**

**North West Reform Synagogue** Alyth Gardens, off Finchley Rd,London NW11 7EL Last Sunday of every month 2-4pm Nearest tube: Golders Green (Northern line) – 5 minutes walk Buses: 82, 460, 102 (also 83, 183, 210, 240, 226, 260, 13, 328, 268 with 5 minutes walk) Info: Advice for anyone who has recently received leave to remain in the UK. Hot food. £5.00 travel per adult will be provided. English conversation. Help with children’s schoolwork. Please bring photo ID and your Leave to Remain documents. Children welcome. Call 07778 359680 for more information.

**Refugee Council**: advice for new refugees. 0207 346 1166

**Migrant Help** free helpline can help you apply for a national insurance number and benefits 08088000630/1

**Job Centre Plus**: can help you apply for a Refugee Integration Loan. Go to the one nearest to where you are living or staying.